

NCBTMB New York Sponsorship Agreement

The [New York State Education Department, Office of the Professions](#) only recognizes continuing education (CE) from providers and organizations that have been approved directly with the state or are sponsored by an approved entity. The [National Certification Board for Therapeutic Massage & Bodywork \(NCBTMB\)](#) is an approved sponsor for continuing education in New York. As such, NCBTMB has agreed to accept responsibility for the maintenance of Approved Provider records, distribution of CE certificates, course reviews and will track instructor's massage therapy licensure.

Approved Providers must follow the course content guidelines and presenter requirements, set forth by the Commissioner of Education for instructors and all courses taught in the presence of New York LMTs. All NY Sponsored Approved Providers must remain current with their NCBTMB status to maintain sponsorship.

If you wish to be sponsored by NCBTMB and are not a current Approved Provider you must first register for an account on our website www.ncbtmb.org and submit an Initial Application with all of the required documentation to become an Approved Provider. Once approved, you may submit a New York Sponsorship Application.

Acceptable Subjects and Course Content

Section 78.5(c)(2)(i) of the Regulations of the Commissioner of Education limits acceptable continuing education to learning activities which contribute to the professional practice of massage therapy. Any coursework that includes the practical application of modalities or techniques shall only be accepted if such coursework provides instruction on the application of modalities or techniques legally authorized to be practiced within the scope of practice of massage therapy. Sponsors may offer courses in one of the following areas:

- Subjects that enhance knowledge and skill in the theory, technique, and methods that fall within or are related to the practice of massage therapy, including, but not limited to, instruction in:
 - Acupressure
 - CBD. Only considered if a CE addressed a larger scope of using oils and lotions where CBD was mentioned, but not the sole focus.
 - Connective tissue massage
 - Courses related to specific physical conditions, such as cancer, that may require massage therapy
 - Craniosacral techniques
 - Exercises to facilitate, enhance or perpetuate the benefits of massage therapy
 - Infant massage
 - Kinesio-Taping. Kinesio Taping may be used as a tool to support the benefits of massage, but is not massage itself, as it is not clear that there is an established therapeutic benefit relative to the profession's scope of practice. If massage therapists do use Kinesio-tape, and a complaint is raised, it will be up to the massage therapist to show that it an acceptable practice and within the scope.
 - Manual lymphatic drainage
 - Medical massage
 - Myofascial massage
 - Neuromuscular massage
 - Ortho-Bionomy
 - Polarity
 - Pregnancy massage
 - Reflexology
 - Shiatsu
 - Sports massage
 - Stretching

- Swedish massage
- Thai massage
- Tui Na
- Subjects that are fundamental to the practice of the profession, including, but not limited to:
 - Anatomy
 - Myology
 - Neurology
 - Pathology
 - Physiology
 - Subjects that are ancillary to the practice, such as the effects of massage therapy on medication regimes
- Subjects that include, but not limited to, activities and skills needed for practice, such as:
 - Assessment and evaluation
 - Communication
 - CPR
 - First Aid
 - Intake procedures
 - Knowledge of the chemical ingredients and safety of products and tools used in the practice of massage therapy
 - Prevention
 - Recordkeeping
 - Treatment planning
- Clinical interventions/evidence-based models.
- Philosophy and principles of massage therapy.
- Subjects relating to health care, professional rules and regulations, standards of good practice, precautions, law, and/or ethics which contribute to professional practice in massage therapy and the health, safety, and/or welfare of the public.

Unacceptable Subjects and Course Content

- Continuing education that is designed for the sole purpose of maximizing profits for the practice of a massage therapist shall not be acceptable as continuing education.
- Coursework in techniques that do not fall in the practice of the profession of massage therapy, such as, but not limited to:
 - Alexander Technique
 - Animal Massage
 - Bach Flower Remedies
 - Beauty course
 - Billing/Insurance
 - Color therapy
 - Ear Candling
 - Energy work
 - Feldenkrais Method
 - Healing ministry

- Judeo Christian Anointing
- Laws of other states
- Marketing & Business
- Medical Errors
- Meditation
- Nutrition
- Qi Gong
- Quantum Touch
- Substance Abuse
- Tai Chi
- Techer training
- Yoga (even as self-care)
- Zero Balancing

Presenter Requirements

Didactic instruction may be presented by persons who are not licensed massage therapists. The practical application of hands-on modalities and techniques must be instructed by massage therapists, physicians (allopathic and osteopathic), registered nurses, physical therapists, chiropractors and podiatrists **ONLY**, who are currently licensed and in good standing in any state, when the continuing education will be taught in the presence of New York LMTs. **Practitioners from states without licensure will not be accepted to teach hands-on to NY LMTs.**

Roster Requirements/CE Certificates

Upon completion of each course, Approved Providers must notify NCBTMB when New York LMTs complete an approved course by submitting a New York Class Roster spreadsheet. NCBTMB's Approved Provider Department will issue CE certificates to the NY licensed massage therapist participants as required by the New York State Education Department, Office of the Professions. Certificates are emailed directly to the students. You are required to issue CE certificates to all other participants.

Rosters must be emailed to nsponsor@ncbtmb.org within 30 days of the class completion.

Please allow 6-8 weeks for processing, which may vary depending on volume, so ensure all information is complete and accurate to avoid delays. Inform students of this timeframe and to expect an email from nsponsor@ncbtmb.org with their certificate(s). **Submitting incomplete or late rosters may impact a NY LMT's ability to renew their license. Repeated failure to submit accurate or timely rosters can lead to termination of NY Sponsorship status with NCBTMB.**

Thank you,

NY Sponsor Team

Phone: 800-296-0664

Email: Nsponsor@ncbtmb.org